



# Daily Recorder Exercises

*by Peter Billam*


**for Recorder in F**

© Peter J Billam, 1995

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## Daily Recorder Exercises

The first two pages of these exercises date from 1995, when I was a tutor in the *Recorder '95* festival in Melbourne. Why should recorder players practice in remote keys like F# major ? Because in almost every piece in B minor, and hence even in D major, there is some passage in the dominant, in this case F# major, and unless the player has practised in this key, that passage is always the one which spoils the whole movement.

The third page, of minor arpeggios, was added recently because I noticed that while sight-reading I was playing the major arpeggios with greater fluency than minor ones.

Systematic technical exercises such as these are less used by recorder players than other instrumentalists, but they are very effective in generating a maximum of fluency from a minimum of playing time. They should be used regularly every day; ten minutes a day is far superior to one hour per week.

The goal when practising should be to let each note sing strongly and sweetly right from its very first moment to its very last, and then to change cleanly into the next note, with the tongue and all the fingers moving simultaneously so that no ugly scrunching sounds mar the transition. As the transitions become flawless, the sweet singing line will begin to join up from note to note, and develops into a large thing which has its own identity and beauty.

These exercises should also be of value to other woodwind instruments such as flute, oboe, clarinet or saxophone.

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The image displays ten staves of musical notation for recorder exercises. Each staff contains four measures of music. The exercises are organized into five pairs, each pair sharing a common key signature. The first pair (staves 1-2) is in F major (one flat). The second pair (staves 3-4) is in D major (two sharps). The third pair (staves 5-6) is in B-flat major (two flats). The fourth pair (staves 7-8) is in G major (one sharp). The fifth pair (staves 9-10) is in E-flat major (three flats). The exercises consist of eighth and sixteenth note patterns, often with slurs and accents, designed to improve finger dexterity and articulation.

- \* Ten minutes (or more, of course) per day
- \* Legato, tongued, and double- (or triple-) tongued
- \* Clean. The tongue and all the fingers must all move at the same instant
- \* Beautiful. Every note must sing sweetly from start to finish.

The image displays a musical score for recorder in F, titled "Major Arpeggios" by Peter Billam. The score is organized into 14 horizontal staves. Each staff contains a sequence of notes, primarily eighth notes, arranged in groups of four. These groups represent different major arpeggios, with various accidentals (sharps and flats) placed above the notes to indicate the specific chord. The notation is in treble clef. Each staff concludes with a final measure containing a fermata symbol. The overall structure is a systematic exploration of major arpeggios across the instrument's range.

The image displays a musical score for a recorder in the key of F major, consisting of 14 staves of arpeggiated patterns. Each staff contains four measures of music, with a final measure ending in a double bar line and a fermata. The patterns are organized into pairs of staves, with the first staff of each pair starting on a G4 (middle C) and the second staff starting on an F4 (one octave below middle C). The notes are arpeggiated in a consistent sequence across all staves, with various accidentals (sharps and flats) indicating different voicings or fingerings. The notation is clear and legible, with a standard treble clef and a key signature of one flat (F major).

**Peter Billam** was born in London in 1948, studied piano, and lived in Switzerland from 1973 to 1983, where he studied composition, classical guitar, flute and voice, worked as Musical Director of the *Théâtre Populaire Romand*, and as recording engineer, record producer and computer programmer. He moved to Tasmania in 1983, lectured in composition at the Conservatorium, conducted recorder ensembles and choirs, studied recorder, voice and harpsichord. He founded [www.pjb.com.au](http://www.pjb.com.au), becoming the first composer to sell scores on-line, with on-line delivery, taking scores from Composer to Performer in one immediate step. *Wwww.pjb.com.au* offers a new approach to music publishing. These pieces are **written to be read, made to be played !**

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**Arrangements** include: By J. S. Bach: *Trio BWV 655*, piano and flute; *Vor deinen Thron BWV 668*, piano; *Fugue in F minor BWV 689*, SATB recorders; *Four Duets BWV 802-5*, keyboard; *Flute Sonata BWV 1031* transposed into G major for alto recorder and keyboard; *Flute Sonata BWV 1032* completed by Peter Billam for flute and keyboard, also in C major for alto recorder, and in G major for descant; *Ricercare a 3*, from the *Musikalisches Opfer* for keyboard; *Ricercare a 6*, for sSATBG recorders, or strings, or two keyboards; *Fuga Canonica in Epi diapente* for keyboard and melody instrument; from the *Art of Fugue: Contrapuncti 1, 4 and 9* for keyboard, and *Contrapunctus 14* as completed by D. F. Tovey, for keyboard, or for SATB recorders, or for strings; *Passacaglia and Fugue in c* for piano four hands; *Chorales with Descant* for melody instrument and piano; *Cello Suites I, II and III* for flute or alto recorder, *Forty Chorales* for piano, *Der Geist hilft* for SATB-SATB recorders. By Johannes Brahms: *Fugue in Ab minor for organ*, for SATB recorders and gamba, in A minor; *Choralvorspiele for organ* plus settings by Isaac, Bach, Praetorius, recorders. *John Carr*, *Divisions on an Italian Ground*, flute or recorder and guitar. By G. F. Händel: *Concerto Grosso in A minor* op 6 no 4, harpsichord and recorders; *Recorder Sonata in Bb* no 5, in G for tenor recorder and keyboard. *Claudio Monteverdi*, *Ecco Mormorar l'Onde*, SSATB recorders. By Arnold Schoenberg: *Verklärte Nacht* for piano. By Franz Schubert: *Four Songs*, voice and guitar; *Dances*, recorders and guitar, *Dances*, piano 4 hands. *Scriabin*, *Two Preludes op.67*; *Five Preludes op.74*, piano. *Telemann*, *Twelve Flute Fantasias*, recorder. *John Wilbye*, *Draw on sweet Night*, SSATTB recorders, and for flute choir. *Twelve Italian Songs*, voice and guitar; *Fourteen Folk Dance Tunes*, recorder and guitar; *Bushband Dances*, violin, piano accordeon and banjo; *Easy Classical Pieces*, Bb trumpet and piano.

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